

WHAT IS AMBIGUOUS LOSS?

Unlike death, victims of parental alienation have no closure or resolution for their loss.

Because of this, the term "ambiguous loss" is applied.

Those who suffer this loss may experience difficulties moving forward, making decisions and having relationships

They may also suffer effects like depression, substance abuse, hopelessness, feelings of helplessness and/or suicidal thoughts.

Boss, P. & Yeats, J. R. (2014). Ambiguous loss: a complicated type of grief when loved ones disappear. *Bereavement Care*, 33, 63-69.

Lathrop, D. (2017). Disenfranchised Grief and Physician Burnout. *Annals of Family Medicine*, 15, 375-378.

ABOUT US



For ten years, we watched as our alienator rewrote childhood memories; included the kids in rituals; used fear and manipulation to sabotage visitation time; enlisted the help of the police, DFS and other community professionals to advance her agenda...and so much more.

In May 2018, my husband lost all three children to parental alienation.

We share our story & have made this brochure with the hope that by doing so, we can help you understand more about parental alienation & the loss we endure as a result of it.

Please visit our website to learn more about us and to read our true life account.

parentalalienationspeaks.com

DISENFRACTHISED GRIEF



AMBIGUOUS LOSS



&

PARENTAL ALIENATION



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WHAT IS PARENTAL ALIENATION?

The intentional & strategic indoctrination of hate and/or guilt by one parent against the other, with the sole purpose of severing the bond spiritually, mentally, emotionally & physically with the other parent, thus gaining total power over the child, and ultimately the alienated parent.



YOU ARE NOT
ALLOWED TO LOVE
YOUR PARENT

YOUR
PARENT IS
SOMEONE TO
BE FEARED

YOUR
PARENT IS
A BAD
PERSON

Essentially, a child is taught to hate a parent through tactics such as lies, manipulation, name-calling & fear. If it gets bad enough, a child may eventually cut off all communication with the target parent.

When this happens, the parent is left feeling devastated, hopeless and lost.



Overnight, a parent's identity changes when a child cuts a parent out of his/her life.

**In an instant,
the parent is
no longer a
parent,
coach,
mentor,
teacher,
friend.**

In some cases, the child may have changed schools, names or even moved to another state.

The erased parent may have no idea where the child is & no way to get information about the child's status.

WHAT IS DISENFRANCHISED GRIEF?

Parents who are victims of parental alienation experience a loss that is incomprehensible to most people.



Their very own children have shut them out of their lives because of lies they've been indoctrinated to believe.



Because of this, their grieving is not publicly acknowledged or socially recognized.



Often times, instead of trying to understand what happened, society will assign a stigma.



For these reasons, Kenneth Doka defines this type of grief as "disenfranchised"